



October 2022

The Helping Hands Food Pantry of Roseville exists to improve quality of life for Warren County residents by providing assistance to families in need and by developing programs to strengthen families and individuals.

Proud Member Agency



Roseville's Food Pantry can continue its mission of feeding hungry people because the community continues to support the organization.

Helping Hands thanks the following individuals who shared in September 2022:

Rob & Grace McCrery Amy Griswold Cyndy Hunter GoldWing Motorcycle Club
Steve Erlandson Steven Pinney David & Kay Stropes Sheila Morath
Roseville Christian Church Penny McElroy Ron Koch Carol & Corky Shaw
Marcia Morgan Mary Ann Shrader Lois Brechbiel

HELP WANTED -- WE NEED YOU!!

Helping Hands Food Pantry is an organization completely dependent on volunteers. With rising prices for food and gas, Helping Hands has had many people coming to get food lately. But we need volunteers! Because we live in a farm community, many regular volunteers have harvest responsibilities in the fall. Volunteers help the clients choose food at each pantry session. Volunteers work a three hour shift of their choice twice a month either Monday morning or Thursday afternoon when the pantry is open. Before working a shift, we will train you. And during all shifts, Board members will be working with you. Please think about giving us a few hours of your time each month. Please pass this information along to your friends. If you would like to volunteer, contact Cyndy Hunter 217-622-4815 for more information.

2022-2023 Board of Directors

President: Cyndy Hunter Vice President: Barb Gossett Secretary: Janet Steiner Treasurer: Flint McCullough

To sign up for or discontinue receiving the Helping Hands monthly newsletter, please contact us at HelpingHands.Roseville@gmail.com

What is food insecurity and what does it look like in America?

Food insecurity is defined by the United States Department of Agriculture as the lack of access, at times, to enough food for an active, healthy life. Food insecurity is associated with numerous adverse social and health outcomes and is increasingly considered a critical public health issue. Key drivers of food insecurity include unemployment, poverty, and income shocks, which can prevent adequate access to food. Alternatively, multiple interventions have been shown to reduce food insecurity, including participation in food assistance programs and broader societal-level improvements in economic stability.

Within the past couple years, more attention has been given to the role of systems and policies that keep certain households and communities food insecure, including discriminatory policies and systems that result in racial and gender inequities in pay/earnings and wealth. For example, Black and Latino families have considerably less wealth than white families. According to the Federal Reserve Board, Black families' median wealth is less than 15 percent that of white families (\$24,100 vs. \$188,200) and the median wealth of Latino families is about 20 percent that of white families (\$36,100 vs. \$188,200). Similarly, the National Women's Law Center report that, among full-time, year-round workers, Native American women are typically paid only 60 cents for every dollar paid to white, non-Hispanic men. This gap in pay typically amounts to a loss of \$2,055 every month or \$24,656 every year. These persistent racial gaps that are rooted in a history of structural and systemic racism contribute to the food insecurity disparities we see today.

Taken from "Feeding America"

REMINDERS:

*Helping Hands has a FACEBOOK page:
search "Helping Hands Food Pantry"

*Our website is

helpinghandsofroseville.org

*By choosing "Helping Hands of Roseville" as your charitable organization on smile.amazon.com, your on-line Amazon shopping can benefit the Pantry.

The Pantry is open MONDAYS 9-Noon
and THURSDAYS 3-6 p.m.

Numbers for SEPTEMBER

174 Families, representing 559
individuals, including 201 children,
14 proxies and 54 families on SNAP.

We still have a few slots to fill
in October!! Give Jan S a call at
309-255-7504 to sign up for either
October or November or to ask
about becoming a volunteer.